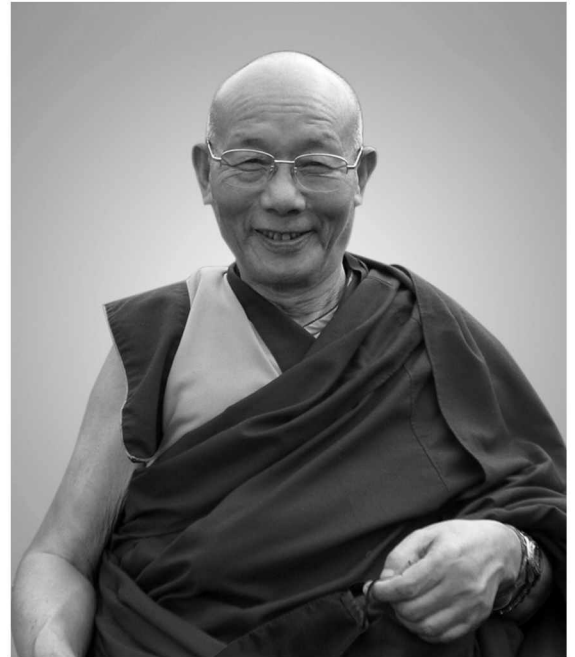


Land of Compassion Buddha
Teachings by
Khensur Rinpoche Lobsang Tsephel

JANUARY & FEBRUARY 2012

Dates	Events	Times
1/01 - 1/02	Solitary Yamantaka Initiation	3:00 PM to 6:30 PM
1/03 - 1/13	Solitary Yamantaka retreat	4 sessions a day
1/14 (Sat)	Solitary Yamantaka fire puja	8:30AM to 11:30AM
1/18 ~1/21	Teachings on the "Stages of Meditations" by Kamalashila	Details inside
1/23 (Mon)	Chinese New Year	No activities in the center
1/26 (Thur)	Lama Tsongkhapa Empowerment	7:30PM to 9:30PM
1/28 ~1/29	Teachings on Lama Tsongkhapa guru yoga	Details inside
2/01 ~2/05	Reviewing the Entire Stages of the Path Based on Lama Chopa	Details inside
2/11 ~2/12	San Jose Manjushri Empowerment	Details inside
2/15 (wed)	Medecine Buddha Empowerment	7:30PM to 9:30PM
2/16 (Thur)	Guru puja with Tsog	7:30PM to 9:30PM



Khensur Rinpoche Lobsang Tsephel, the spiritual director of Land of Compassion Buddha, was born in Litang, Tibet, in 1931. At the age of five, he began, on his own initiative, to wear the maroon robes of a monk; he formally entered Litang Monastery at the age of nine. After 20 years of studying and practicing Sutrayana and Tantrayana, Rinpoche was awarded the degree of Lharampa Geshe in 1976, and Ngarampa Geshe in 1992 by Gaden Monastery. He taught at Namgyal and Nechung Monasteries, and the Tibetan Library in Dharamsala. Rinpoche also served as the Abbot of Gaden Jangtse Monastery from 2001~2008, where he has achieved the extraordinary honor of becoming one of the lineage masters of the Monastery.

As a master of Highest Yoga Tantra, Khensur Rinpoche places strong emphasis on the study and practice of Dharma. Students are advised to complete their Preliminary Practices, or Ngondro, and to maintain a disciplined daily practice, with equal focus on rejoicing in joyous effort.

Registration is required for all attendees, please submit the registration form as soon as possible, so that we can make all necessary arrangements accordingly. All dharma Teachings are free of charges, however your donations to support the dharma teachings and LCB are greatly appreciated

Solitary Yamantaka Initiation

Pre-requisite: Buddhist Refugee

Commitment: Daily practice of Six-session Guru Yoga and all related vows

January 01 (Sun) 3:00PM ~ 6:30 PM
January 02 (Mon) 3:00PM ~ 6:30 PM

The yidam Yamantaka is the wrathful aspect of Manjushri the deity who bestows wisdom. Yamantaka arises to benefit us in our struggles with factors such as untamed mental faculties, poor accumulation of merit, wavering force of effort and any other unfavorable conditions that weaken our practice and thus lead to more adverse circumstances. Through its power to increase wisdom realizing emptiness, a practice to Yamantaka can guard us from both internal and external obstacles. This is a Highest Yoga Tantra initiation. It gives us the permission to undertake the practice of Yamantaka.

Commitment: Keeping all the vows received during the empowerment and daily practice of Six-Session Guru Yoga throughout your life.

Solitary Yamantaka Retreat

Pre-requisite: Solitary Yamantaka Empowerment

January 03~13 4 sessions a day

This is an approximate retreat, which will be structured four sessions a day. Registration is required in order to attend the retreat.

Solitary Yamantaka Fire Puja

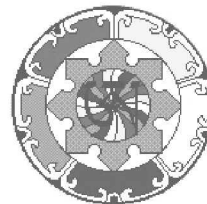
January 14 (Sat) 8:30AM ~ 11:30AM

Open to Everyone

Teachings on the "Stages of Meditations"

January 18 ~ 20 (Wed ~Fri) 7:30PM ~ 9:30PM
January 21 (Sat) 3:00PM ~ 5:30PM

The "Stages of Meditation" is a landmark work written by the Ninth-Century Indian Buddhist scholar and saint Kamalashila in Tibet, for the purpose of correcting some wrong views at the time in Tibet. As a result, authentic and unmistakable teachings of the Buddha flourished in Tibet. Therefore, this text carries significant meaning in Tibetan Buddhism and is one of the most frequently Buddhist text taught by His Holiness, the Dalai Lama. In this text, Kamalashila has shown us the importance of building the method and wisdom, as well as "great compassion" and "special insight" in training our minds.



Lama Tsongkhapa Empowerment

January 26 (Thur) 7:30PM ~ 9:30PM

Je Tsongkhapa is the principal Spiritual Guide in the lineage of the Gaden tradition. Through this empowerment we can establish a profound relationship with him and receive his special blessings, empowering us to enter the quick path to enlightenment and accomplish our spiritual goal in one lifetime.

The great Lama Tsongkhapa was recognized as the emanation not only of the Manjushri - the Wisdom Buddha but also of Avalokiteshvara, the Compassion Buddha, and Vajrapani, Buddha of Spiritual Power. He represents the embodiment of our ultimate Spiritual Guru.

Teachings on Lama Tsongkhapa Guru Yoga and guided practice session

January 28 (Sat) 3:00 PM ~5:30 PM
January 29 (Sun) 10:00 AM ~12 :00PM

A guided meditation and practice session of Lama Tsongkhapa guru yoga

January 29 (Sun) 2:00 PM ~ 4:00 PM

Guru Yoga is an integral part of a daily spiritual practice for Tibetan Buddhists. The essence of this practice is the cultivation of the perception of one's own mind as indivisible from the nature of the guru's mind. Guru yoga has the power to transform us at a very deep level, as the guru is the source of all benefits, the foundation of all good qualities and the root of all the blessings. The powerful practice of Lama Tsongkhapa Guru Yoga strengthens one's mind, inspires joyful effort and enables one to follow in the footsteps of this exemplary guru.

Reviewing the Entire Stages of the Path Based on Lama Chopa

February 01 ~ 02 (Wed ~ Thur) 7:30PM ~ 9:30PM
February 04 ~ 05 (Sat ~ Sun) 3:00PM ~ 5:30PM

Lama Chopa is the most extensive guru yoga practiced by the Tibetan Buddhists, Khensur Rinpoche will explain the supreme quality and the significance of the Lama Chopa practice, and teach the entire stages of the path, from relying on the guru, the foundation of all the paths, through providing a practical instructions blending sutra analytical meditation with tantra visualization. This class will be continued to next year due to the vast scope involved.

San Jose Manjushri Empowerment and Teachings on how to practice Manjushri

February 11 ~ 12 (Sat ~ Sun)
CONTACT :JOYCETENG@JUNO.COM



Medicine Buddha Empowerment

February 15 (Wed) 7:30PM ~ 9:30 PM

Medicine Buddha empowerment is one of the most powerful blessings for healing, dispelling sickness and for awakening the innate healing wisdom that lies within every individual. Shakyamuni Buddha describes Medicine Buddha as an enlightened being who has special healing powers. The special healing blessings of Medicine Buddha may be obtained by reciting his name or mantra. If one meditates on the Medicine Buddha, one will eventually attain enlightenment. During such process one will experience both an increase in healing powers for oneself and others and a decrease in physical and mental illness and suffering.